

Natural and gentle skin care

FOR THE SAKE OF OUR SKIN AND THE ENVIRONMENT.

+ Natural and highly effective ingredients

+ Good compatibility, gentle on skin and hair

+ Sustainable, eco-friendly and long-lasting results

+ No animal testing

+ A responsible approach to people, animals and the environment

+ Functional cosmetics



septa:med

CARE PRODUCTS CATALOGUE 2020



Here at **SeptaMed**, we are completely committed to sustainability. We are driven by the desire to find an ecological balance. **We focus on developing and distributing innovative, sustainable and high-quality personal care products that comply with Swiss standards.**

We want to have a positive influence on the process of change in our world. SeptaMed is committed to creating a healthier and cleaner world and is working towards a better future. Many conventional skin care products contain ingredients that are harmful to the body and the environment such as hormonally-active substances, preservatives, emulsifiers, etc. There are therefore a number of reasons why we are committed to creating natural and sustainable skin care products. In the long run, our skin, hair and cells benefit when we don't use chemical products. This is why we want to give you access to **outstanding, beneficial and safe** products. The entire SeptaMed range is free of silicones, parabens, sulphates, mineral oils and PEG. We select the ingredients for our range with great care. In so doing, we maintain the connection between people and nature, look after the environment and preserve knowledge for future generations. **We want to protect the really important things: humankind, the animal kingdom, and the world we live in.**

Body care - Care

IN HARMONY WITH NATURE

We believe that we do not have to make a choice between healthy skin and a healthy planet.

We also believe that healthy skin and body care has an influence on our overall well-being, because the skin is the largest organ of the human body. This is why, when sourcing our products, we attach great importance to natural, herbal and carefully selected ingredients for a simple but effective daily skin care ritual.





SHOWER GEL

+ Cleans, nourishes and refreshes the entire body

A natural and refreshing shower gel for instantly softer skin, made with carefully selected ingredients such as bergamot, aloe vera and lavender. It gently and sensitively cleanses the skin, provides it with important nutrients and protects its natural moisture balance. Suitable for everyday use.



BODYLOTION

+ Nourishes the skin and provides long-lasting moisture.

A natural body lotion that moisturises and nourishes the skin and keeps it healthy, made with carefully selected ingredients such as bergamot, aloe vera, lavender and shea butter. Conditions the skin and keeps it soft and supple. Helps to maintain the natural protective function of healthy skin, from head to toe. Revitalises and refreshes. Suitable for everyday use.



HANDBALM

+ Nourishes, moisturises and provides long-lasting suppleness.

Our formula with natural and beneficial ingredients such as apricot kernel butter and jojoba oil provides rich hydration and intensive protection, leaving the skin feeling nourished and soft. Fast absorbing formula. Pampers the senses with a delicate orange fragrance. Ideal for everyday use.



SHAMPOO

+ Gently cleanses and nourishes the hair and scalp.

Our formula with natural and beneficial ingredients such as bergamot, aloe vera, witch hazel and lime-tree extract gives hair visible suppleness and shine. Pampers the senses with a delicate bergamot aroma. Ideal for everyday use.



SHOWER OIL

+ Cleanses, nourishes, soothes and normalises damaged skin.

A natural and refreshing shower oil for instant softer skin, made from carefully selected ingredients such as bisabolol, sunflower, borage and black seed oil. When combined with water, the shower oil turns into a pleasant and delicate foam. The skin is properly moisturised and soothed.

Body care - Protect

THE RIGHT CARE MAKES THE DIFFERENCE

Certain circumstances present our skin and body with particular challenges. Its condition is crucial for our general health and well-being. During the cold seasons, our skin tightens and becomes dry. Our body feels heavy after intensive physical activity and sport. Coughs, colds and hoarseness weaken us, our skin feels dry and irritated. With the right care, these ailments become a thing of the past. SeptaMed offers the ideal protection and high-quality care.





SKIN IMMUNITY BOOSTER

+ Protects the skin and the immune system, especially during the wet and cold seasons, during colds and viruses and in cases of reduced immune resistance

Natural moisturising cream particularly suited to the cold and wet seasons, made with carefully selected ingredients such as natural sunflower oil, shea butter, oil of cloves and camphor cinnamon. Provides relief from hoarseness and sore throats. Strengthens the immune system and prevents colds. Gently rub into the back and chest area several times a day.



BREATHE BALM

+ Protects and nourishes the skin, especially during the wet and cold seasons and is particularly well-suited for skin care in the event of a cold.

Our formula with natural and beneficial ingredients such as shea butter, sunflower, lavender and lemon oil alleviates the discomfort of early cold symptoms while also caring for damaged skin. Promotes well-being and helps with minor limb aches. Fast absorbing formula. Gently rub the product into the back and chest area several times a day.



SKIN REPAIR EMOLLIENT BALM

+ Soothes and nourishes very dry and chapped skin, minor skin changes and insect bites.

Our natural skincare ointment with natural and beneficial ingredients such as black seed oil, mango and shea butter soothes and nourishes extremely dry and cracked skin, minor skin changes and insect bites. Apply the ointment in a thin layer to the affected area. Ideal for everyday use.



COOLING GEL

+ Reactivates, cools and refreshes fatigued muscles and joints

Specially developed for athletes and active people, our formula with natural and beneficial ingredients such as menthol and peppermint oil has a vitalising, nourishing and moisturising effect. Creates an instant and lasting cooling and refreshing effect. It has a soothing and relieving effect on pain, tension and overstraining after intensive physical activity or sport. Can be applied multiple times a day.



SELF TANNER

+ Natural and even tan, no staining and glowing skin effect

A gentle self-tanning lotion made from carefully selected and 100% natural ingredients that cares for your skin and provides it with rich moisture. With SeptaMed Self Tanner for face and body you get a flawless and immediate tanning effect without exposure to harmful UV rays. Our self-tanner harmonizes with your individual skin tone and creates one natural tan with no unpleasant smell. For a healthy, natural and radiant appearance. Suitable for everyday use.



RASH CREAM

+ Nourishes and helps redness to subside. Protects against moisture and dampness.

A natural, hand-made rash cream made with carefully selected ingredients such as zinc and calamine mineral, enriched with essential fatty acids, vitamin B + E, shea and coconut butter, and natural essential oils. Our formula developed especially for babies and toddlers soothes itching and calms and rejuvenates sore and reddened skin. Suitable for babies of all ages.



CARE TIPS FOR HEALTHIER SKIN

- **Don't shower more than once a day.** The water should not be too hot. Rinsing yourself with cool water at the end closes your skin's pores.
 - **Gentle skincare products.** If you have sensitive and dry skin, it is best to use **mild and pH-neutral products.**
 - **Dry yourself gently.** Dabbing is better than vigorous rubbing.
 - **Flannels and towels** should always be allowed to dry well and should be washed regularly at 60 degrees.
 - **Oxygen keeps the skin youthful.** Fresh air is therefore essential for beautiful skin.
 - **Drink a lot.** It is essential for beautiful and radiant looking skin that the body is supplied with sufficient fluids.
 - **Plenty of sleep.** Only with enough sleep can our skin and immune system recover from the exertions of the day.
 - **Avoid stress.** Stress can leave behind unpleasant traces, especially on facial skin.
 - **The right skincare.** Care products should be applied thinly and then gently massaged into the skin.
 - **As natural as possible.** Avoid aggressive skin cleansing products in general.
 - **Eat healthy.** The skin requires the right vitamins and minerals, which are obtained through a balanced diet.
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The differences between SeptaMed and conventional care products

Our SeptaMed product formulas consist of a minimum of 98.5% ingredients of natural origin. We rely in all of our products on naturally regenerating raw ingredients, most of which are of plant origin.

SeptaMed Shower Gel			
Ingredient	Health effect	Origin	Purpose
Green Tea leaf extract (Camellia Sinensis)	♥	<i>plant</i> Green Tea	Antioxidant, anti-inflammatory
Aloe Vera leaf juice (Aloe Barbadensis)	♥	<i>plant</i> Aloe vera	Skin softening, soothing
Lavender flower water (Lavandula Angustifolia flower water)	♥	<i>plant</i> Lavender	Helps to stimulate skin tissue and tighten pores.
Conventional Shower Gel			
Ingredient	Health effect	Origin	Purpose
Methylparaben	Carcinogenic	Synthetic	Preservative
Formaldehyde	Skin irritant, carcinogenic	Synthetic	Preservative
Dioxane	Poisonous, carcinogenic	Synthetic	Preservative

SeptaMed Shampoo			
Ingredient	Health effect	Origin	Purpose
Aloe Vera leaf juice (Aloe Barbadensis)	♥	<i>plant</i> Aloe vera	Soothing, cleansing
Panthenol	♥	From plant cells	Protects against damage, improves skin texture
Hydrolyzed Wheat Protein	♥	<i>Plant</i> Yeast	Anti-static effect, nourishing
Conventional Shampoo			
Ingredient	Health effect	Origin	Purpose
Formaldehyde	Skin irritant, carcinogenic	Synthetic	Preservative
Propylparaben	Disrupts hormonal functions, skin irritant, carcinogenic	Synthetic	Preservative
Propylene glycol	Allergen, skin irritant	Synthetic	Moisturising

The benefits of this? They do no harm to our environment, conserve resources and make the product more biodegradable.

Our main goal is to gain the trust of our customers and provide them with the best possible care by sharing our recipes and keeping them transparent.

We attach great value to using safe ingredients

SeptaMed Bodylotion			
Ingredient	Health effect	Origin	Purpose
Almond oil (Prunus Amygdalus)	♥	plant Almond	Softening
Avocado oil (Persea Gratissima)	♥	plant Avocado	Repairing, strengthening
Shea butter (Butyrospermum parkii butter)	♥	plant Shea butter	Skin softening, soothing

Conventional Bodylotion			
Ingredient	Health effect	Origin	Purpose
Butylated Hydroxyanisole	Carcinogenic	Synthetic	Antioxidant
Formaldehyde	Skin irritant, carcinogenic	Synthetic	Preservative
Methylparaben	Carcinogenic	Synthetic	Preservative

SeptaMed Skin Immunity Booster			
Ingredient	Health effect	Origin	Purpose
Coconut oil (Cocos nucifera)	♥	plant Coconut	Softening, moisturising, protective, antioxidant
Shea butter (Butyrospermum parkii butter)	♥	plant Shea butter	Skin softening, soothing
Tocopheryl acetate (Vitamin E)	♥	From plant oils	Antioxidant, Vitamin E

Conventional Skincare cream			
Ingredient	Health effect	Origin	Purpose
Retinyl Palmitate	Carcinogenic, strong skin irritant	Synthetic	Skin softening
Phenoxyethanol	Skin irritant	Synthetic	Preservative
Triclosan	Disrupts hormonal functions, carcinogenic	Synthetic	Preservative

The differences between SeptaMed and conventional care products

SeptaMed Shower Oil			
Ingredient	Health effect	Origin	Purpose
Oat oil (<i>Avena sativa</i>)	♥	<i>plant</i> Oats	Skin softening, anti-inflammatory
Borage seed oil (<i>Borago officinalis</i>)	♥	<i>plant</i> Borage seeds	Soothing, nourishing, reduces redness
Tocopherol	♥	From plant oils	Antioxidant, Vitamin E

Conventional Shower Oil			
Ingredient	Health effect	Origin	Purpose
Formaldehyde	Carcinogenic, strong skin irritant	Synthetic	Preservative
Propylparaben	Skin irritant	Synthetic	Preservative
Phthalates	Disrupts hormonal functions, carcinogenic	Synthetic	Keeps skin smooth

SeptaMed Skin Repair Emollient Balm			
Ingredient	Health effect	Origin	Purpose
Black seed oil (<i>Nigella sativa</i>)	♥	<i>plant</i> Nigella	Antioxidant, anti-inflammatory
Coconut oil (<i>Cocos nucifera</i>)	♥	<i>plant</i> Coconut	Softening, moisturising, Antioxidant, protective
Shea butter (<i>Butyrospermum parkii</i> butter)	♥	<i>plant</i> Shea butter	Skin softening, soothing

Conventional Skincare Ointment			
Ingredient	Health effect	Origin	Purpose
Boric Acid	Carcinogenic, disrupts hormonal functions	Synthetic	Blocks pores, yellows skin
Petrolatum	Carcinogenic, allergenic	Synthetic	Skin softening
Citronellol	Skin irritant, allergenic	Synthetic	Fragrant

SeptaMed Breathe Balm

Ingredient	Health effect	Origin	Purpose
Coconut oil (<i>Cocos nucifera</i>)	♥	<i>plant</i> Coconut	Softening, moisturising, Antioxidant, protective
Shea butter (<i>Butyrospermum parkii</i> butter)	♥	<i>plant</i> Shea butter	Skin softening, soothing
Tocopheryl acetate (Vitamin E)	♥	From plant oils	Antioxidant, Vitamin E

Conventional soothing cream

Ingredient	Health effect	Origin	Purpose
Methylparaben	Carcinogenic	Synthetic	Preservative
Petrolatum	Carcinogenic, allergenic	Synthetic	Skin softening
Polyethylene glycol	Harmful to cells, skin irritant	Synthetic	Viscosity-regulating, film-forming

SeptaMed Handbalm

Ingredient	Health effect	Origin	Purpose
D-Panthenol	♥	From plant cells	Protective, soothing regenerative
Oryza Sativa Oil	♥	<i>plant</i> Rice	Nourishing, regenerative
Almond oil (<i>Prunus Amygdalus</i>)	♥	<i>plant</i> Almond	Softening, moisturising

Conventional hand balsam

Ingredient	Health effect	Origin	Purpose
Petrolatum	Carcinogenic, allergenic	Synthetic	Skin softening
Propylene glyco	Skin irritant, allergenic	Synthetic	Moisture-retaining, kind on the skin, viscosity-regulating
Cyclopentasiloxane	Skin irritant	Synthetic	Kind on the skin

The differences between SeptaMed and conventional care products

SeptaMed Cooling Gel			
Ingredient	Health effect	Origin	Purpose
Aloe Vera leaf juice (Aloe Barbadensis)	♥	<i>plant</i> Aloe vera	Soothing, cleansing
Eucalyptus leaf oil (Eucalyptus Globulus)	♥	<i>plant</i> Eucalyptus	Antioxidant, anti-inflammatory
Castor seed oil (Ricinus Communis)	♥	<i>plant</i> Ricinus seeds	Promotes healing, moisturising
Conventional Cooling Gel			
Ingredient	Health effect	Origin	Purpose
Petrolatum	Carcinogenic, allergenic	Synthetic	Skin softening
Boric Acid	Carcinogenic, disrupts hormonal functions	Synthetic	Blocks pores, yellows skin
Paraffin	Damaging to skin, clogs pores	Synthetic	Skin softening, viscosity-regulating

SeptaMed Rash Cream			
Ingredient	Health effect	Origin	Purpose
Shea butter (Butyrospermum parkii butter)	♥	<i>plant</i> Shea butter	Skin softening, soothing
Zinc oxide	♥	<i>plant</i> Zinc	Soothing on the skin, antioxidant
Cocoa seed butter (Theobroma cacao seed butter)	♥	<i>plant</i> Coconut	Protective, soothing
Conventional Rash Cream			
Ingredient	Health effect	Origin	Purpose
Methylchloroisothiazolinone	Highly toxic, allergenic	Synthetic	Preservative
Microcrystalline Wax	Mutagenic, carcinogenic, clogs pores	Synthetic	Binding, emulsion-stabilising
Citronellol	Skin irritant, allergenic	Synthetic	Fragrant

SeptaMed Self tanner

Ingredient	Health effect	Origin	Purpose
Panthenol	♥	Natural	Protects from damage, improves texture
Mango seed butter (Mangifera Indica)	♥	Natural	Boost elasticity, nourishes skin
Tocopherol	♥	Natural	Antioxidant, vitamin E

Conventional Self tanner

Ingredient	Health effect	Origin	Purpose
Oxybenzone	Infertility, disrupts hormone function	Synthetic	Skin softening
Dihydroxyacetone	Skin cell damage, carcinogenic	Synthetic	Blocks pores, yellows skin
Formadelhyde	Irritates skin	Synthetic	Skin softening, viscosity-regulating



Air&Water Foundation



CORPORATE RESPONSIBILITY

Our **non-profit organisation** aims to reduce the impact of toxins in our homes and environment by producing with a minimal carbon footprint and by integrating a heightened awareness of the use of toxic chemicals in our daily lives. At the same time, we will ensure that our products continue to be of the highest quality. Through our **groundbreaking technology**, we enable people to take meaningful and targeted action to help create a more sustainable world.

WATER

Various disinfection methods are used to inactivate pathogens in order to combat water-induced diseases. Chlorination is one of many methods that can be used to disinfect water. This is a chemical disinfection method that uses various types of chlorine or chlorine-containing substances to oxidise and disinfect drinking water sources.

INTELLIGENT MANAGEMENT OF DRINKING WATER

We will use our innovative technology to reduce the dosage of chlorine disinfectants in drinking water and replace them with alternatives (oxidants) in order to provide bacteria-free, **safe, clean and uncontaminated water** to as many people as possible.

Consistent chemical measurements and dosage controls in public water supply systems ensure maximum quality and minimum damage to our health and environment.

AIR

Forests are crucial in mitigating climate change, maintaining water supplies and in protecting biodiversity and human health.

Nevertheless, intact forests are disappearing. A study published last year showed that, in just over a decade, **the world as a whole has lost more than 7% of its intact forest landscapes** - a trend that appears to be accelerating.

We are more than aware of how important it is to raise awareness that these forests are our heritage and preserve our way of life. They supply water to millions of people in thousands of communities, clean our air, store carbon and provide timber, minerals and other essential resources for industry and society.

That is to say nothing of measuring carbon sequestration in urban forests - it shows that even temperate forests in cities can sequester almost as much carbon as a similarly large area of rainforest.

In response to the loss of intact forests, our researchers have joined forces and found a **solution to measure air quality and reduce toxic chemicals in the air**, thereby protecting forest areas at a global level.

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THE GIFT OF NATURE

The power of fresh air and clean water is the greatest gift we can bequeath to future generations. The most valuable legacy we can leave behind is to empower them to be leaders in sustainability and positive change, which requires us to take responsibility by raising global awareness.

For every product we sell, a donation is made to the Air&Water non-profit organisation, which uses these funds to maintain and preserve forests and for reforestation.

The financial support will be used to reduce the amount of CO₂ and CO₂eq in the atmosphere in the short term and at the same time to educate a generation that will be more careful with our resources and more sustainable with our world in the long term.

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Our carefully selected **panel of experts** will impart knowledge through dialogue, analyses and events and implement measures aimed at achieving the highest quality of life.

Its aim is to provide resources to support decisions that meet the challenges of sustainable development in the **21st century**.

Join us for this chapter of our development.



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